

Agents of Change

Creating Bridges



A 2-day Residential Intensive – March 24th / 25th 2012

At: Bridge Between the Worlds ~ Keswick, Virginia

www.bridgebetweentheworlds.org

**Walk into the Shift embracing a new relationship with Self and Earth
– living from spaciousness and heart**

We will build understanding of the energies of this time of change, learn to use and integrate them in order to thrive and co-create the world we want to see.

We will explore practical ways and steps to embrace a new lifestyle of care, health, wholeness and harmonious co-creative living with Self, the Earth and the larger community – being the builders of bridges and agents of change for this time.

Opened through sacred sound frequencies and the attunement to our multidimensional family of Earth and Cosmos.

With: **Gabriella Kapfer: Sound Healer & Peace Troubadour on Tour from the UK**
Margaretta McIlvaine: Intuitive Healer & Devic Bridge to Nature

Suggested Blue Pot Contribution: \$295 (see next page)

We will begin Friday evening, March 23rd, with an “open to all” Sound Weaving Concert which will set the tone for the workshop.

Gather for drinks and visiting at 7:00 pm – concert start at 7:45 pm.
Please see website for directions: www.bridgebetweentheworlds.org

Practical Details

Times: We will begin at 7.45 pm on Friday, April 23rd, with a sound-weaving concert.
We will run until 5:30 pm on Sunday.

Meals: We are aiming to co-create meals as a conscious act of gratitude and co-creation with Nature and Earth – honoring the gifts of the Earth. Please bring food contributions to share from local Sources you have a relationship with or have grown yourself.

Accommodations: We will all stay on the land together (Friday night and Saturday night)– creating the sacred space of a ‘dream-temple’ at Bridge Between the Worlds Retreat Centre to build the energy and deepen the field. We will be on mattresses in shared spaces. Please bring sleeping mats and bedding. Some single rooms are available if there is the need. There will be an extra cost for the single room option. Please get in touch.

Registration: To register please call or e-mail: Margaretta McIlvaine at 434-293-9708/
mcoilvaine@bridgebetweentheworlds.org

A deposit (non-refundable) of \$80 is due on registration to reserve your place and will be applied to your Blue Pot contribution.

Blue Pot Energy Exchange:

Our intent is to use a process of exchange by which all our needs are met, we all feel cared for and our gifts to each other are honored and received. We call this process “*working with the blue pot*”. In the Blue Pot, money is alchemically transformed into “golden water” which flows to heal through sharing, caring, loving, giving and receiving. (to learn more about the background of this concept see www.yescarefirst.com). We invite you to join the circle of sharing by caring for us with your financial (and/or other gifts). To give you a guideline about what would care for us, so we can continue our work, we offer a **suggestion of a contribution of \$295**.

If finances are limited, please don’t feel that you cannot come and equally if your heart wants to support our work beyond this, we welcome contributions without limitation

For directions see:

<http://www.bridgebetweentheworlds.org>

Facilitators:

Gabriella Kapfer

Gabriella is a sound healer who has developed her own style of vibrational sound weaving and healing with cello, voice and hand-crafted singing bowls. Gabriella calls forth and co-creates with the elements, the nature-spirits and the angelic realms weaving a tapestry of sound from different dimensions, the consciousness of all present and the Earth – leading listeners into a deep transformative experience and connectedness with nature, life and Source. She also teaches and works with sacred stone setting, and has a background in psychotherapy and co-creative gardening. Her background includes co-running a small retreat and healing center in Scotland based on a ‘care-first’ economic model where she developed her sound-healing work, inspired by the mystery school of nature, which surrounded her. She currently lives in England and travels extensively bringing her healing music and work to different parts of the planet. <http://www.peace-trails.com>

Margaretta McIlvaine

Margaretta is an intuitive healer and clairvoyant who assists one to connect with all aspects of their multidimensional selves so that life can be lived and experienced from a larger perspective and a higher frequency. She has learned how to access wisdom directly from the higher planes. Her approach to transformational work combines her formal training at the Barbara Brennan School of Healing, The Virginia School of Massage, studies in acupressure, shiatsu, guided imagery, numerous Buddhist retreats, and all levels of Reiki training with her own unique experiences of self-healing and self-transcendence. She is also certified to teach Integral Hatha Yoga. Her love and appreciation of nature inspired her to create Bridge Between The Worlds, a healing retreat center whose mission is to assist others to reconnect with the essence of spirit and intelligence in nature and to recognize the healing power of the elements in the natural world. <http://www.bridgebetweentheworlds.org>