



RESOUNDING PEACE

.....
**SINGING BOWL AND
SOUND WEAVING
WORKSHOP/RETREAT**

**JULY 18-20, 2016
(WORKSHOP)
OR
JULY 18-22
(WORKSHOP AND
RETREAT)**

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**THE WORKSHOP/RETREAT IS
GIVEN IN ENGLISH AND
GERMAN (TRANSLATION
POSSIBLE INTO SPANISH,
ITALIEN AND FRENCH)**

OBENAUS IS HOSTING THIS UNIQUE WORKSHOP/RETREAT WITH GABRIELLA AND HEATHER. TWO CRAFT WOMEN TRAVELLING THE WORLD WITH THEIR FORGE AND SETTING UP THEIR CAMP TO ALLOW US TO CRAFT OUR OWN HEALING INSTRUMENTS.



During 3 days in the midst of the summer in South of Styra we offer the possibility to work with vibrations; your own, the vibrations of Earth and Universe and to capture this in a piece of metal that you shape with your intention, needs and hard work over an open fire. At the end of the workshop you have a resource that you can always carry with you to instantly find back your vibration and centre where ever you are in the world.

By adding 2 days to the workshop we give more time to practice and to sense into the impact of vibration – how was it before? And how is it now? Here you can deepen your practice, craft another instrument, connect to your sounding instrument in nature. During the retreat, we will also move in the region; practicing sound weaving on top of a mountain and in the depth of a cave.

THE RESULT OF YOUR HARD WORK IS TANGIBLE, YOU WALK OUT OF THE WORKSHOP/RETREAT WITH YOUR OWN UNIQUE SOUNDING PIECE. MAYBE EVEN MORE IMPORTANT IS THE INTANGIBLE PROCESS OF FORGING, CONNECTING TO THE METAL, TO YOURSELF, TO EARTH AND THE UNIVERSE AND TO YOUR DEEPER PURPOSE.



THE PROCESS OF TRANSFORMATION OF METAL AND OF US AS HUMAN BEINGS IS GUIDED BY GABRIELLA WWW.PEACE-TRAILS.COM AND HEATHER WWW.FIELDISOFBING.COM – TEACHING US THE CRAFT WORK, ASKING QUESTIONS, HOLDING THE SPACE FOR EMERGENCE AND SIMPLY WITNESSING. FOR MORE INFORMATION ABOUT THIS WORK WWW.RESOUNDINGEARTH.ORG

YOUR CONTRIBUTION AND REGISTRATION:
WORKSHOP 18-20 JULY: 450 EURO
WORKSHOP AND RETREAT 18-22 JULY: 600 EURO
MATERIALS NOT INCLUDED – ESTIMATED
BETWEEN 20 AND 50 EURO BASED ON METAL

TO REGISTER FOR THE 3 DAY WORKSHOP AND THE
5 DAY WORKSHOP/RETREAT, PLEASE CONTACT
LENA AT OBENAUUS:
OBENAUUS@OBENAUUSCOMMUNITY.ORG

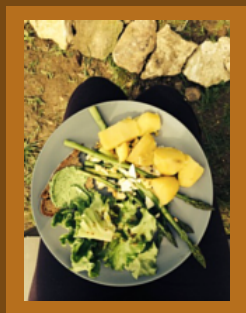
We also invite you and people living in the surroundings
for a Sound Weaving concert by Gabriella and Heather in
the Obenaus barn or under the walnut tree in the evening
of 17 July.



FOOD AND LODGING:

During the workshop/retreat we offer
a healthy lunch at the farm
(everything from vegan to meat) and
snacks and drinks throughout the day.

Lunch, snacks and drinks during
workshop/retreat - 15 euro per day
Stay in a tent at Obenaus, full board -
30 euro per day



Around Obenaus there are plenty of lodging
possibilities attending to different needs and
budgets. Ask us for advice
(obenaus@obenauscommunity.org) or check out what
the lodging options in the area
[http://www.ehrenhausen-gv.at/tourismus-freizeit-
kultur/unterkuenfte/](http://www.ehrenhausen-gv.at/tourismus-freizeit-kultur/unterkuenfte/)



OBENAUS is an emergent community in the South of Austria (3 km from the Slovenian border) experimenting with new/old ways of living together. At the moment six persons are living on the farm combining organisational and personal development work with farming and community activities.

Throughout the year Obenaus hosts a number of workshops, gatherings and community members staying overnight. As a participant in a workshop or an over-night visitor you pay a small fee to the association and you become a member which allows us to host you here.

You are invited take part in the community life by cooking, doing dishes, chopping wood, do gardening, caring for the animals and you can also just rest or contribute to the well-being by playing music or singing or similar. Our intention is that you feel at home and free to follow your needs and share your gifts.

More about Obenaus: www.obenauscommunity.org
and Obenaus community centre – farm Facebook page <https://www.facebook.com/obenauscommunity/?fref=ts>